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Healthcare Industry's First & Leading HIPAA Credential

- ✦ Analyze the latest updates in HIPAA Privacy, HIPAA Security, and HITECH Breach mandates
- ✦ Examine OCR HIPAA settlements to understand the bar for HIPAA compliance
- ✦ Review HIPAA compliance challenges and best practices for Covered Entities and Business Associates
- ✦ Understand HIPAA Safe Harbor



The Industry's First Program Focused on Compliance & Cybersecurity Mandates

- ✦ Step through industry standards such as PCI DSS, GDPR, CCPA, CPRA, ISO 27001, and HIPAA
- ✦ Evaluate America's standard for compliance: NIST guidance and special publications
- ✦ Understand U.S. state government information security mandates (e.g. Texas, California, New York, and others)
- ✦ Explore best practices to build a credible compliance and cybersecurity program



An Executive Cybersecurity Program

- ✦ Examine how to establish a cybersecurity program based on the NIST Cybersecurity Framework
- ✦ Learn how to establish a credible Ransomware Readiness Program based on NIST Standards
- ✦ Walk through core components, organization and CMMC Levels
- ✦ Review encryption implementation across the enterprise to mitigate business risk
- ✦ Examine NIST guidance for AI Risk Management

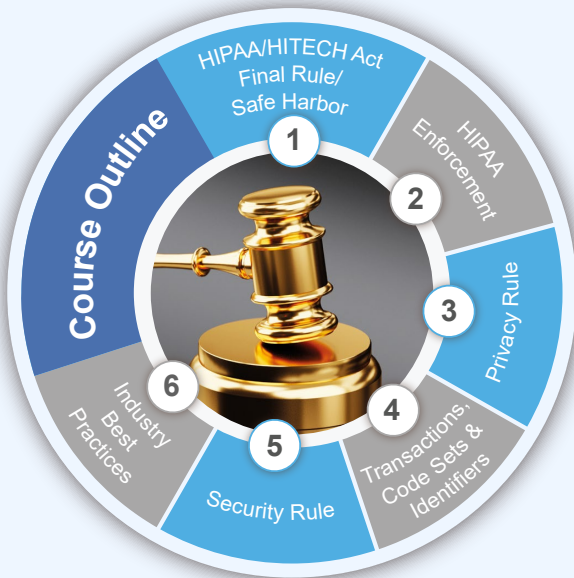


The Industry's First AI Cyber Risk Management Training Program

- ✦ Examine the NIST AI Risk Management Framework (RMF)
- ✦ Review valued AI resources for risk management including ISO 23894 and ISO 42001
- ✦ Understand EU AI Act requirements and risk classifications
- ✦ Step through a sample AI risk management policy
- ✦ Identify AI cyber defense controls
- ✦ Determine key phases for an enterprise AI risk assessment



Healthcare Industry's First
& Leading HIPAA Credential



HIPAA
Playbook



“

Precise, informative, and well-structured HIPAA content. Would love to recommend ecfirst.

”

What's in it for you?

- ✦ Analyze the latest updates in HIPAA Privacy, HIPAA Security, and HITECH Breach mandates
- ✦ Examine OCR HIPAA settlements to understand the bar for HIPAA compliance
- ✦ Review HIPAA compliance challenges and best practices for Covered Entities and Business Associates
- ✦ Understand HIPAA Safe Harbor

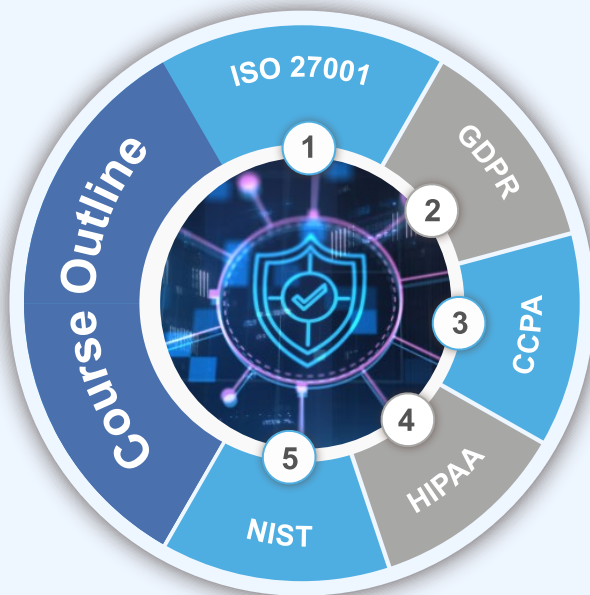


Digital Badge

ecfirst also offers a Digital Badge with your certification. There is no fee for this service and acceptance is totally up to you.



The Industry's First Program Focused on
 Compliance and Cybersecurity Mandates



“Global perspective, extensive coverage of cyber mandates. Excellent updates on key security regulations.”

What's in it for you?

- ✘ Step through industry standards such as PCI DSS, GDPR, CCPA, CPRA, ISO 27001, and HIPAA
- ✘ Evaluate America's standard for compliance: NIST guidance and special publications
- ✘ Understand U.S. state government information security mandates (e.g. Texas, California, New York, and others)
- ✘ Explore best practices to build a credible compliance and cybersecurity program

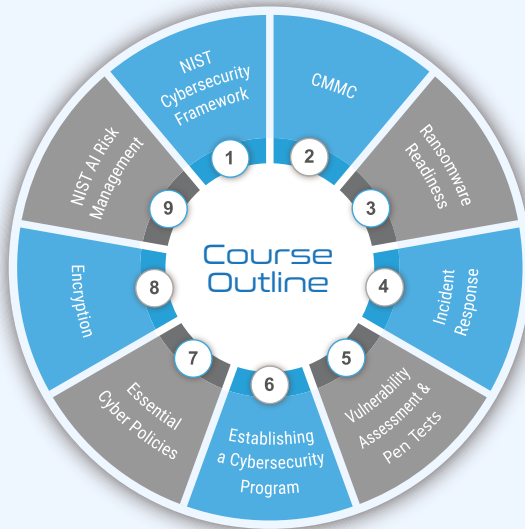


Digital Badge

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An Executive Cybersecurity Program



“ Comprehensive cybersecurity program. Excellent coverage of the NIST Cybersecurity Framework, CMMC & more. **Relevant scenarios & policies covered,** including encryption & ransomware. **”**

What's in it for you?

- ✦ Examine how to establish a cybersecurity program based on the NIST Cybersecurity Framework
- ✦ Learn how to establish a credible Ransomware Readiness Program based on NIST Standards
- ✦ Walk through core components, organization, and CMMC Levels
- ✦ Review encryption implementation across the enterprise to mitigate business risk
- ✦ Examine NIST guidance for AI Risk Management



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The Industry's First AI Cyber Risk Management Training Program



Unlock the World's First AI Playbook



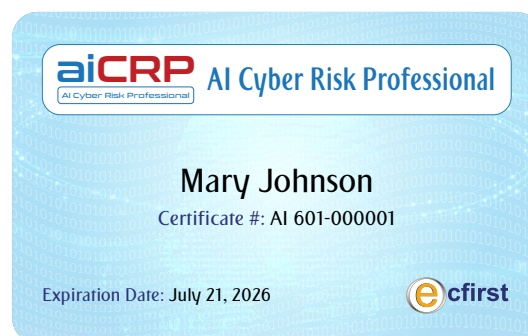
AI CYBER RISK Management Playbook

AI Governance Playbook



What's in it for you?

- ✦ Examine the NIST AI Risk Management Framework (RMF)
- ✦ Review valued AI resources for risk management including ISO 23894 and ISO 42001
- ✦ Understand EU AI Act requirements and risk classifications
- ✦ Step through a sample AI risk management policy
- ✦ Identify AI cyber defense controls
- ✦ Determine key phases for an enterprise AI risk assessment



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HIPAA End-User Package

- ✦ End-to-end training content covering HIPAA Privacy, HIPAA Security, HITECH Breach, the HIPAA Final Rule, and more
- ✦ Practice quiz to emphasize important concepts
- ✦ HIPAA End-User Certificate Exam
- ✦ Several sample documents for reference including HIPAA quick reference cards, flash cards, and more

Portal

HIPAA End-User Training

Home / Cybersecurity / HIPAA End-User Training

Course Description

 Online Slides

 Knowledge Check

 HIPAA & Information Security Training

 Certificate Quiz

Cybersec
Col

 Insider Threa

 HIPAA and In

 Introduction



Home / HIPAA End-User Training / Online Slides

Download Back

HIPAA End-User Training

1 HIPAA Fundamentals [Start](#)

2 HIPAA Privacy Rule [Start](#)

3 HIPAA Security Rule [Start](#)

4 HITECH Breach [Start](#)

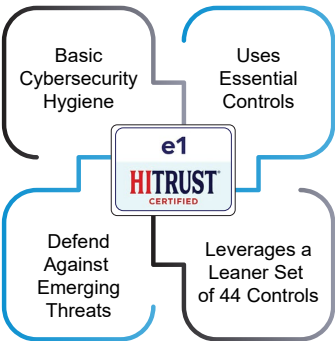
5 Cybersecurity Fundamentals [Start](#)

6 Appendix A: Acronyms [Start](#)

7 Appendix B: Glossary [Start](#)

e1 Essentials

Essentials, 1-year (e1) Validated Assessment Foundational Cybersecurity



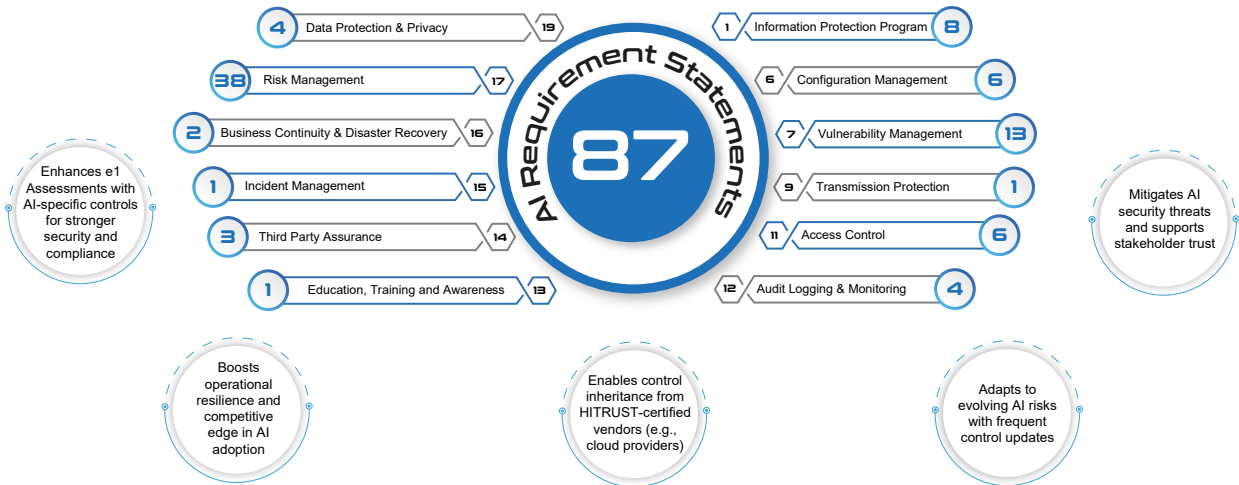
HITRUST e1 and HIPAA

- ✖ Aligns with HIPAA Security Rule
Provides essential controls for securing ePHI
- ✖ Covers access control, audit logging, data integrity, and transmission security
- ✖ Ideal for Small Organizations
- ✖ Cost-Effective
- ✖ Ensures Structured Policies
- ✖ Supports mitigation and compliance with HIPAA core requirements
- ✖ Provides evidence-based confirmation of HIPAA alignment

Requirement Statements

	BA	CE
HIPAA Privacy, Security, and Breach	130	220
HIPAA Security and Breach	115	118
HIPAA Privacy and Breach	175	171
HIPAA Privacy and Security	125	215
HIPAA Privacy	67	154
HIPAA Security	109	108
HITECH Breach	51	55

HITRUST e1 and AI



i1 Key Highlights

- ✖ Leading security practices with HITRUST-curated controls
- ✖ Reliable assurance against evolving cyber threats
- ✖ Threat-adaptive controls aligned with HITRUST assessments
- ✖ Operational maturity through pre-set control requirements
- ✖ Flexible implementation with carve-outs and third-party inclusions

i1 Compliance Mandates



i1 Requirements

Domain		
1	Information Protection Program	15
2	Endpoint Protection	7
3	Portable Media Security	6
4	Mobile Device Security	6
5	Wireless Security	7
6	Configuration Management	9
7	Vulnerability Management	12
8	Network Protection	9
9	Transmission Protection	9

Domain		
10	Password Management	6
11	Access Control	21
12	Audit Logging & Monitoring	9
13	Education, Training, and Awareness	6
14	Third Party Assurance	8
15	Incident Management	7
16	Business Continuity & Disaster Recovery	10
17	Risk Management	10
18	Physical & Environmental Security	15
19	Data Protection & Privacy	10



HITRUST i1 Rapid Certification

Organizations must have an i1 Validated Assessment with Certification and a full MyCSF subscription. Lite Bundle users must upgrade to a Professional subscription.

Scope

Includes all current i1 requirements, with some scores carried over. Evaluates new requirements (if applicable), a sample of 60 prior requirements, and N/A statements. Optional updates for non-required statements.



Timeline



Eligibility Questionnaire becomes available.

Assessment object auto-generated in MyCSF, with a **30-day** planning period and a **90-day** fieldwork period.



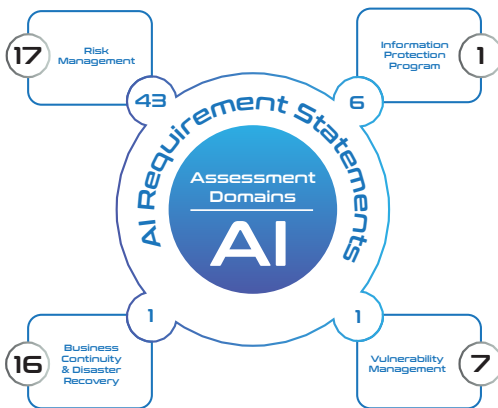
r2 Key Highlights

Comprehensive Controls	Up to 250 aligned with major standards
Customizable	Select controls based on risk and compliance needs
HIPAA & NIST CSF Reporting	Automated evidence collection and compliance reports
Proven Assurance	Transparent results for stakeholder confidence
Control Inheritance	Reuse prior assessments and cloud provider assurances
Efficient Remediation	Identify and fix control gaps

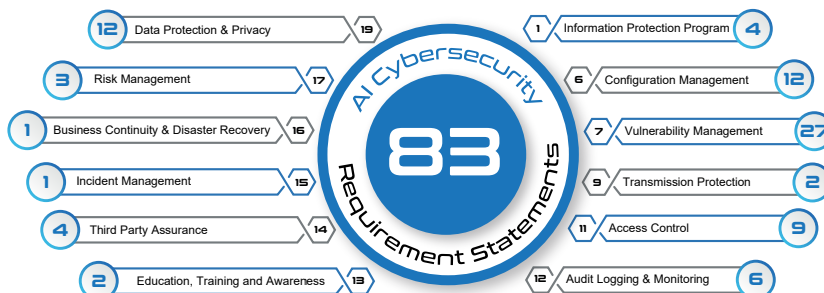
HITRUST r2 Certification



AI Cybersecurity Requirements



AI Cybersecurity Requirements



HITRUST's AI Assurance program provides certification and an insight report, integrating AI frameworks into MyCSF to streamline assessments and enhance security.

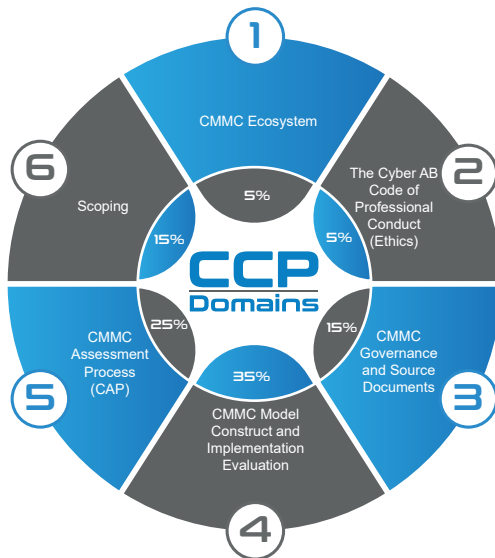
Summary

The CMMC Certified Professional (CCP) credential will verify a candidate's knowledge of the Cybersecurity Maturity Model Certification (CMMC), relevant supporting materials, and applicable legal and regulatory requirements to protect Federal Contract Information (FCI) and Controlled Unclassified Information (CUI). The CCP exam will assess the candidate's understanding of the CMMC ecosystem. A passing score on the exam is a prerequisite to CMMC Certified Assessor (CCA) and CMMC Certified Instructor certifications.

Why ecfirst for CCP Training?

- ✖ Our auditors are our trainers
- ✖ ecfirst is all in for CMMC (RPO, APP, ATP & C3PAO)
- ✖ ecfirst's Academy Portal gives students access to all training materials, resource documents, study guides, and quizzes to solidify learning in one location
- ✖ 25 years of privacy and security compliance training experience
- ✖ 24 years of compliance audit/assessment experience (HIPAA, PCI DSS, HITRUST, GDPR, NIST SP 800-171, multiple state regulations)
- ✖ One of the first organizations to take the training to market

CMMC Certified Professional (CCP)



Intended Audience

- ✖ Employees of Organizations Seeking CMMC Certification (OSC)
 - ✖ IT and Cybersecurity Professionals
 - ✖ Regulatory Compliance Officers
 - ✖ Legal and Contract Compliance Professionals
 - ✖ Management Professionals
- ✖ Cybersecurity and Technology Consultants
- ✖ Federal Employees
- ✖ CMMC Assessment Team Members

Exam Prerequisites

- ✖ College degree in a cyber or information technical field or 2+ years of related experience or education, or 2+ years of equivalent experience (including military) in a cyber, information technology, or assessment field
- ✖ Suggested CompTIA A+ or equivalent knowledge/experience
- ✖ Complete CCP Class offered by a Approved Training Provider (ATP)
- ✖ Pass DoD CUI Awareness Training no earlier than three (3) months prior to the exam
 - 🔗 <https://securityhub.usalearning.gov/index.html>

CCP Exam Specifications

- ✖ Number of Questions: 170
- ✖ Types of Questions: Multiple Choice
- ✖ Length: 3.5 Hours
- ✖ Passing Score: 500 Points
- ✖ This is not an open book exam

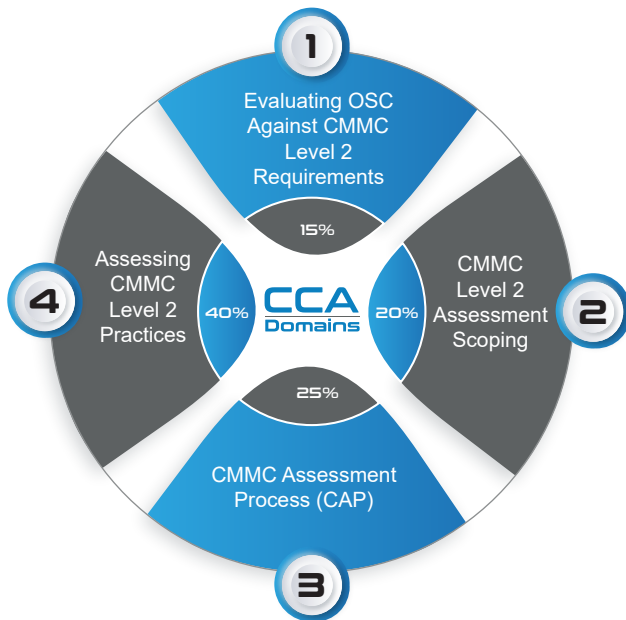
Domain Exam Weight

#	Domain	Exam Weight	CCP Program	Hours
1	CCP Pre Program Prep			2
2	CMMC Ecosystem Blueprint Domain 1	5%		
3	The Cyber AB Code of Professional Conduct (Ethics) Blueprint Domain 2	5%	Domain 1, 2 & 3 Tuesday, Day 1 8:30 am - 4:30 pm Offline Prep: 2 Hours	10
4	CMMC Governance and Source Documents Blueprint Domain 3	15%		
5	CMMC Model Construct and Implementation Evaluation Blueprint Domain 4	35%	Domain 4 Wednesday, Day 2 8:30 am - 4:30 pm Offline Prep: 2 Hours	10
6	CMMC Assessment Process (CAP) Blueprint Domain 5	25%	Domain 5 Thursday, Day 3 8:30 am - 4:30 pm Offline Prep: 2 Hours	10
7	Scoping Blueprint Domain 6	15%	Domain 6 & Review Friday, Day 4 8:30 am - 12:30 pm	4
8	Practice Exam & Review			

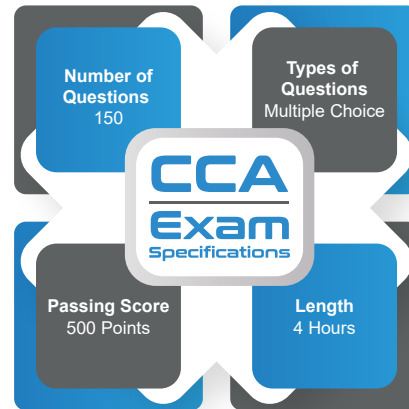
Summary

The CMMC Certified Assessor (CCA) exam will verify a candidate's readiness to perform as an effective Certified Assessor of Organizations Seeking Certification (OSC) at CMMC Level 2. A passing score on the CCA exam is a prerequisite to a CMMC Lead Assessor designation.

CMMC Certified Assessor (CCA)



CCA Exam Specifications



This is not an open book exam

Domain Exam Weight

Intended Audience

- ❖ CMMC Certified Professional (CCP) seeking to advance to CCA
- ❖ CMMC Certified Instructors who wish to teach the CCA course

Why ecfirst for CCA Training?

- ❖ Our auditors are our trainers!
- ❖ ecfirst is all in for CMMC (RPO, APP, ATP & C3PAO).
- ❖ ecfirst's Academy Portal gives students access to all training materials, resource documents, study guides, and quizzes to solidify learning in one location
- ❖ 25 years of privacy and security compliance training experience
- ❖ 25 years of compliance audit/assessment experience (HIPAA, PCI DSS, HITRUST, GDPR, NIST SP 800-171, multiple state regulations)
- ❖ One of the first organizations to take the training to market

#	Domain	Exam Weight	CCA Program	Hours
1	CCA Pre Program Prep			2
2	Welcome Introductions, About the Portal and Pre-Quiz Introduction Evaluating OSC Against CMMC Level 2 Requirements Blueprint Domain 1	15%	Domain 0, 1, 2 Tuesday, Day 1 8:30 am - 4:30 pm Group Exercises: 8 40 Minutes Offline Prep: 2 Hours	10
3	CMMC Level 2 Assessment Scoping Blueprint Domain 2	20%		
4	CMMC Assessment Process (CAP) Blueprint Domain 3	25%	Domain 3 Wednesday, Day 2 8:30 am - 4:30 pm Group Exercises: 7 35 Minutes Offline Prep: 2 Hours	10
5	Assessing CMMC Level 2 Practices Blueprint Domain 4	40%	Domain 4 Thursday, Day 3 8:30 am - 4:30 pm Group Exercises: 10 60 Minutes Offline Prep: 2 Hours	10
6	Practice Exam & Review		Review and Final Quiz Friday, Day 4 8:30 am - 12:30 pm	4

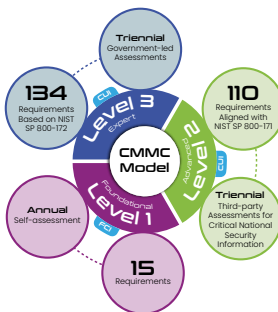
An Executive CMMC Program



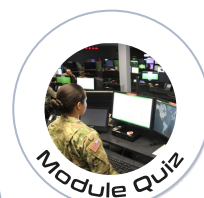
Cybersecurity Maturity Model Certification

[Welcome](#) [Home](#) [Dashboard](#) [Logout](#)

CMMC
Playbook



CMMC
For Executives



“

Comprehensive HIPAA course
manual and content resources.

”

“

In-depth HIPAA
program that
covers Privacy,
Security, Breach
and more.

”

Informative

Exceptional instructor

Well-crafted HIPAA program

Eye opening compliance resources

References

Extensive library of practice quizzes

Coverage of OCR HIPAA fines

Well-organized training

Comprehensive

“

Provided important information
for managing HIPAA
Compliance.

”

“

Well organized
presentation with
a strong scope of
knowledge.

”

“

Insightful
HIPAA Program
and positive
learning
experience.

”

“

Resources for HIPAA
compliance/breach material was
eye opening.

”

Learned a lot
Global coverage of topics
Excellent CSCS Academy Portal
Content focus applicable across industries

References

Complex topic made understandable
Refresher for cyber regulations
Tons of valuable information
Very relevant content

“

Highly informative and relevant—one of the best training programs I’ve attended.

”

“

Excellent material, exceptional presentation, and awesome case studies.

”

“

Good information and materials to elevate our compliance program.

”

“

Covered important frameworks and laws in cybersecurity.

”

“

CSCS Course was invaluable for building our compliance and security program.

”

“

Instructor made a complex topic more understandable. Highly recommended.

”

“

I appreciated the examples and scenarios that brought the material to life.

”

“

The training provided clarity on complex cloud compliance issues.

”

I loved the training

Prepared me for exam

Privileged to participate

Excellent introduction to NIST

References

Clear concise and to the point

Well organized and informative

CMMC was well covered

Great course!

“

Very knowledgeable instructor, provided timely and relevant examples and resources.

”

“

Great overview of cloud security with real-world relevance.

”

“

A crash course covering cybersecurity assessment, NIST and more.

”

“

The training was point on for the core material.

”

“

Delivers the latest insights,
including AI NIST RMF 100-1.

”

“

Excellent AI content and
resources.

”

“

Excellent training &
highly effective.

”

“

Fantastic
training with
actionable items
and resources.

”

“

Honest,
novel
insights on
AI disruption.

”

“

Highly effective training with a
strong overview of organizational
needs and AI risk management
lifecycle.

”

“

Well-organized content.

”



“

I am happy to let you know **I passed** the CMMC **CCP exam** on my **first attempt**. The CCP prep process was **easier** than I expected - thanks to the **fantastic training class** and **study materials** from the **ecfirst CCP Academy!** I appreciated **my ecfirst** experience.

”

Gladly recommend

Excellent flow of the training

Really enjoyed doing quizzes as a group

Thorough and extensive information

Increased my CMMC knowledge exponentially

References

CCP course synthesized the universe of CMMC

A different perspective to the CMMC process

Easy to navigate the CCP Academy Portal

Amazing infographics and content

Tremendous class

“

Fantastic course. I appreciated the real-world examples and scenarios.

”

“

Clear, concise, and professional.

”

“

Focused materials and explanations were extremely helpful.

”

“

Great training and resources provided. The portal and quizzes are invaluable for exam prep.

”

“

Excellent instructor—knowledgeable, approachable, and great at explaining complex material.

”



“

The **ecfirst CCA Program** was extensive with excellent assessment resources.

Practical, real-world CMMC assessment

Scenarios presented, including insight on a credible SSP.

”

Exceptional dual instructors

Depth of knowledge

Liked the group exercises

Rich material in the CCA Academy Portal

In-depth coverage of CMMC scenarios

References

Loved the CCA quizzes and resources

Thank you for the bulk download

Industry background was invaluable

Real artifacts was fantastic

Terrific course

“

Very professional and exceptionally detailed. Empowered and excited.

”

“

Real-world experiences in discussions was awesome.

”

“

Focused materials and explanations were extremely helpful.

”

“

Valuable, motivating, and well-taught. Worth every penny.

”

“

Reality focused, not theoretical – the group scenarios brought everything together.

”



Peter.Harvey@ecfirst.com



www.ecfirst.com