CMMC
Program Catalog

ecfirst

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Peter.Harvey@ecfirst.com

www.ecfirst.com

CMMC
Why ecfirst?

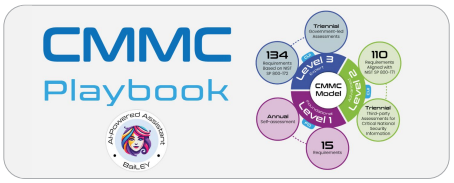
ecfirst

Credentialed Staff

- Master of Science, Electrical Engineering
- CISSP (ISSAP, ISSMP)
- CISA
- CISM
- CCSP
- HITRUST CCSFP

CCA
Lead | Higher Level Certifications

AI Powered CMMC Playbook



Surgically Defined CMMC Assessment Process

CYBER AB
AUTHORIZED C3PAO

CMMC Thought Leadership

CMMC DAY | CMMC CEIC EAST | CMMC CEIC WEST

CCP Reference

"I am happy to let you know I passed the CMMC CCP exam on my first attempt. The CCP prep process was easier than I expected - thanks to the fantastic training class and study materials from the ecfirst CCP Academy! I appreciated my ecfirst experience."

CAICO
CMMC CERTIFIED PROFESSIONAL
CCP

CAICO
CMMC CERTIFIED ASSESSOR
CCA

CCA Reference

"The ecfirst CCA Program was extensive with excellent assessment resources.

Practical, real-world CMMC assessment scenarios presented, including insight on a credible SSP."

CMMC Readiness
Mock Assessment

CYBER AB
REGISTERED PRACTITIONER ORGANIZATION
RPO

CAICO
APP

DoD CMMC Certification Training Content
Approved and Authorized

CAICO
ATP

DoD CMMC Certification Training Provider
Approved and Authorized

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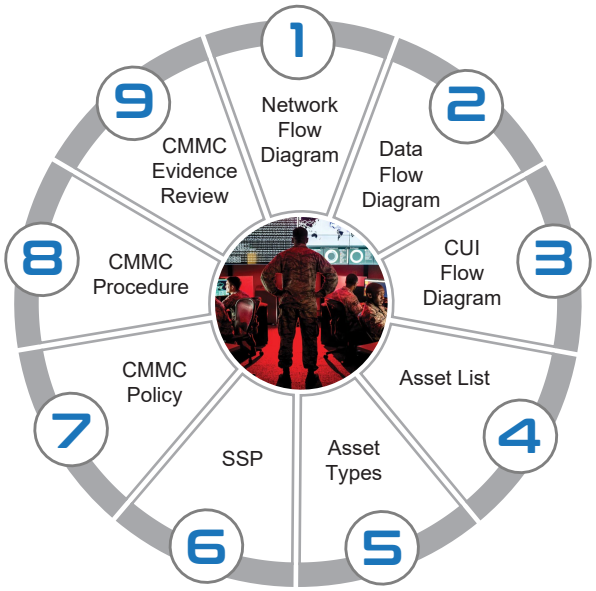
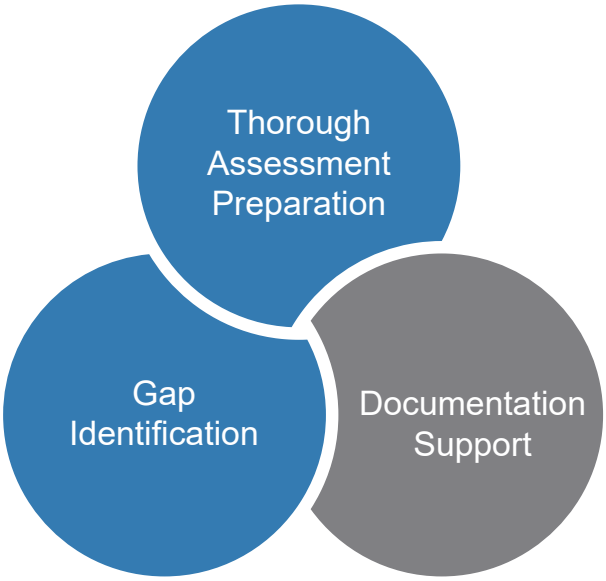
CMMC Advisory Services

Guidance | Documentation | Gap Analysis

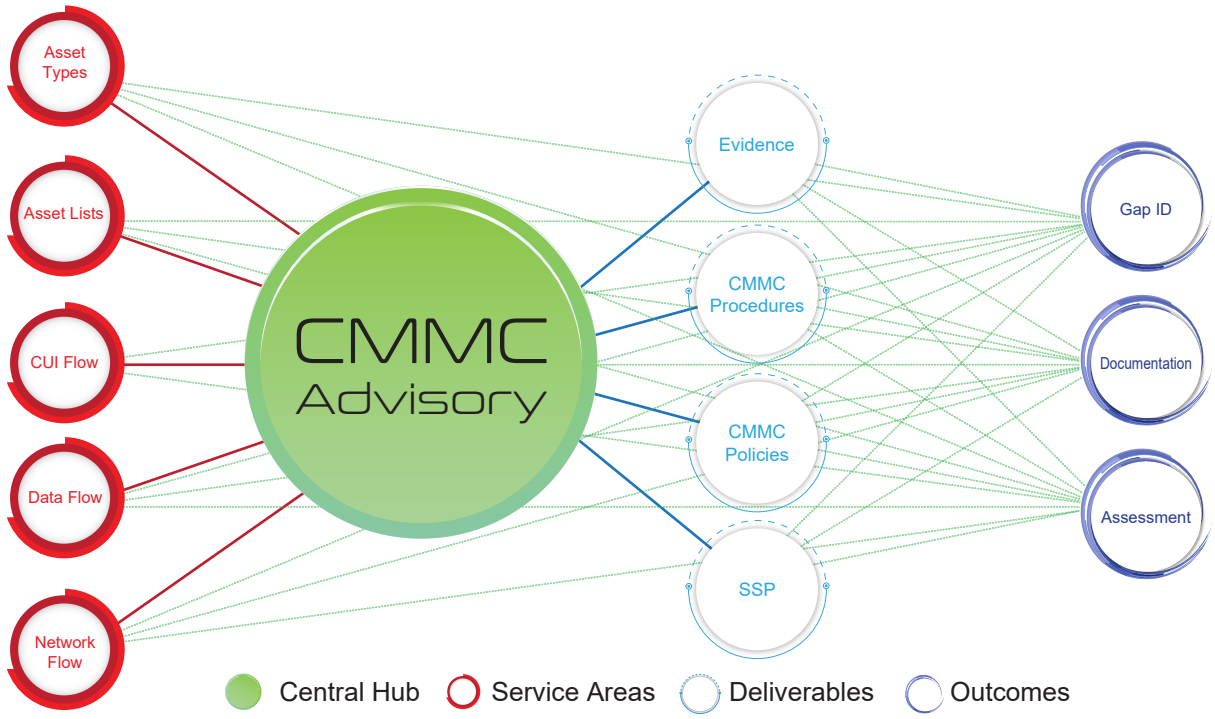
Advisory Guidance



Compliance Support



CMMC Advisory Services Flow



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CMMC Assessment

Week 1

- Receive CMMC Assessment Request from OSC
- Confirm the Entity/Entities to be Assessed
- Frame the Assessment
- Identify and Manage Initial COI
- Execute Contractual Agreement

Week 2

- Review the SSP
- Validate CMMC Assessment Scope
- Confirm Availability of Evidence
- Determine Readiness for Assessment
- Compose the Assessment Team
- Complete the Pre-Assessment Form
- Conduct Quality Assurance Review of Pre-Assessment and Planning Information
- Upload Pre-Assessment Form into CMMC eMASS
- Adverse Determination of Assessment Readiness

Weeks 3 - 5

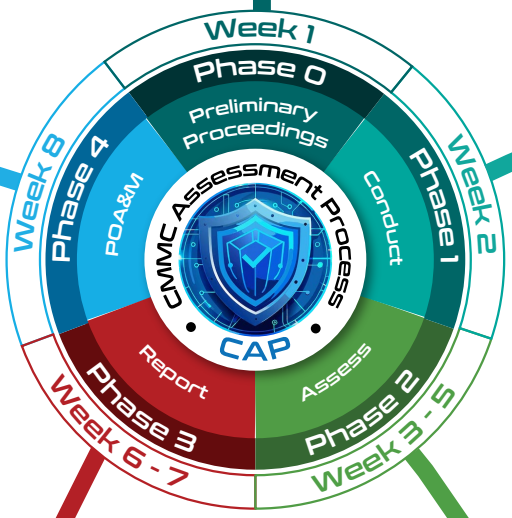
- Conduct In-Brief Meeting
- Assess Implementation of Security Requirements
- Apply Sampling Values for Depth and Coverage
- Conduct Assessment Scoring
- Address External Service Providers
- Address Cloud Service Providers
- Conduct Quality Assurance Reviews
- Convene Daily Checkpoint Meetings

Weeks 6 - 7

- Compile and Compose Assessment Results
- Conduct Quality Assurance Review
- Convene Out-Brief Meeting
- Upload Certification Assessment Results into CMMC eMASS
- Administer Assessment Appeals (if required)

Week 8

- Generate Certificate of Status
- Issue Certificate of CMMC Status
- Close-Out POA&M



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CMMC Readiness
Mock Assessment

Week 1
- Define assessment objectives, scope, and final boundaries
- Identify in-scope assets, systems, and data
- Confirm regulatory and contractual requirements

Weeks 2 – 4
- Document system boundaries, security controls, and practices
- Align SSP with CMMC Level 2 requirements
- Conduct internal validation of SSP completeness

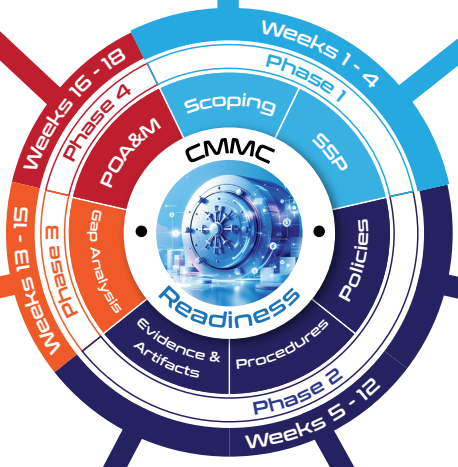
Weeks 5 - 6
- Assess existing policies against CMMC L2 controls
- Identify gaps and implement necessary updates
- Train key personnel on policy implementation

Weeks 7 - 9
- Assess existing procedures against CMMC L2 controls
- Identify gaps and implement necessary updates

Weeks 10 - 12
- Develop/review data flow, CUI flow, Network, Boundary Diagrams
- Assist in putting together Customer Responsibility Matrix (CRM)
- Gather proof of security control implementation
- Ensure documentation of security practices and processes
- Validate operational effectiveness of controls

Weeks 13 - 15
Conduct a comprehensive gap analysis against CMMC L2 requirements

Weeks 16 - 18
- Develop POA&Ms for identified deficiencies
- Provide remediation guidance to achieve full readiness



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CMMC
Level 1 Toolkit

raksha defense

CMMC Level 1 Portal

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Domains/Roles/Topics
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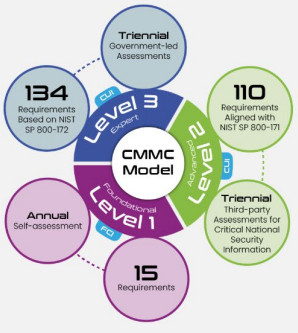
Source Documents
Getting Started with CMMC
DoD CUI Mandatory Training
CMMC Ecosystem
CMMC News

CMMC Level 1 Playbook

AI-Powered Assistant BaiLEY



CMMC SSP Sample Level 1 | Why ecfirst for CMMC? | CMMC Readiness | CMMC Assessment

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CMMC
Level 2 Toolkit

raksha defense

CMMC Level 2 Engagement Portal

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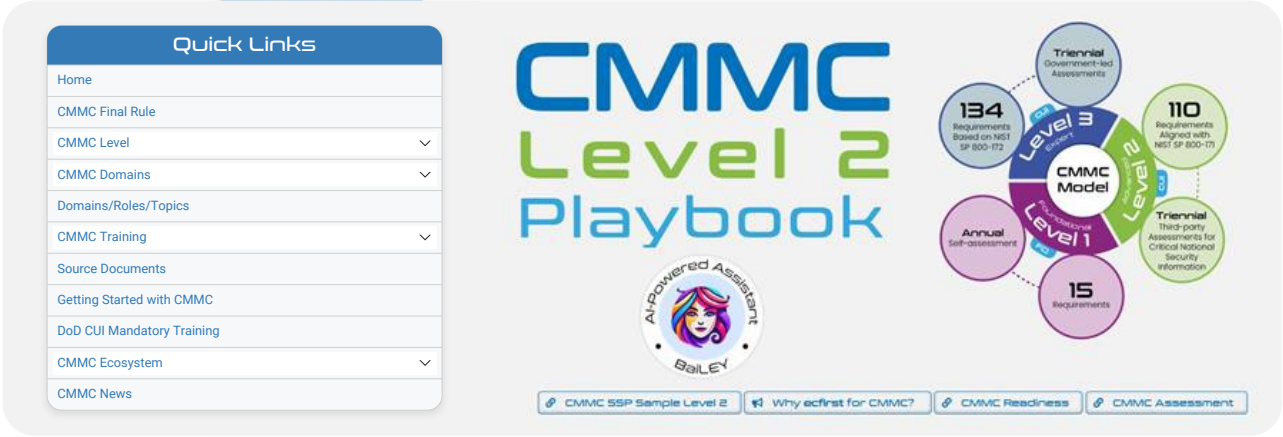

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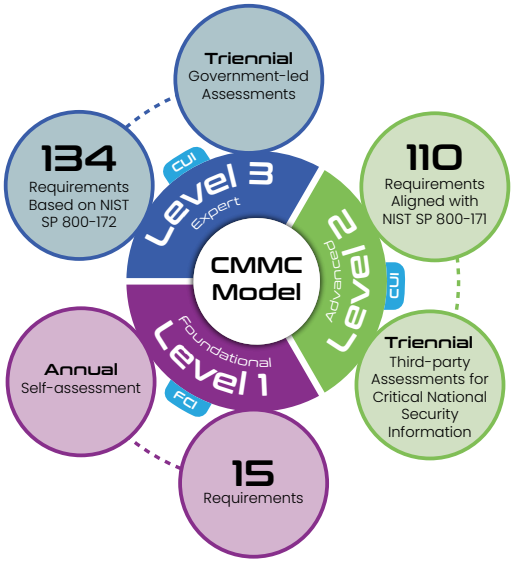
CMMC Playbook

Quick Links

- Home
- CMMC Final Rule
- CMMC Level
- CMMC Domains
- Domains/Roles/Topics
- CMMC Training
- Source Documents
- Getting Started with CMMC
- DoD CUI Mandatory Training
- CMMC Ecosystem
- CMMC News



Domains

Explore

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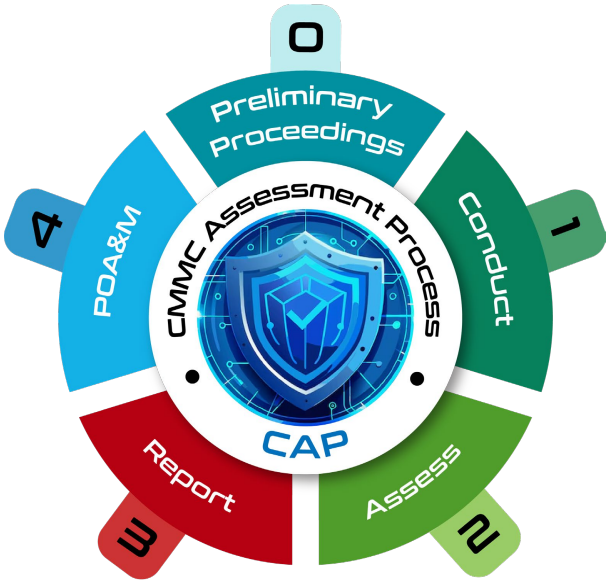

Quick Links

Home
ecfirst CAP Doctrine
CMMC Assessment Readiness
CMMC Training
Assessment Phases
Phase 0: Primary Proceedings
Phase 1: Conduct the Pre-Assessmment
Phase 2: Assess Conformity
Phase 3: Report Assessment Results
Phase 4: POA&M
CMMC Source Documents
Assessment Templates

ecfirst CAP Doctrine

CMMC Assessment Readiness

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CUI Playbook

Quick Links

- Home
- DoD CUI References
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  - CUI Marking
  - CUI Policy
  - FAQ
- NARA CUI References
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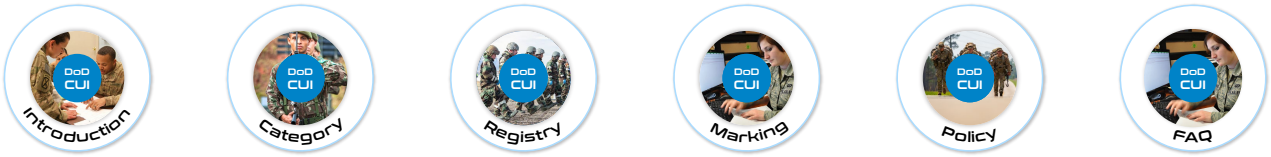
  - CUI Registry
  - CUI Marking
  - CUI Handling and Destruction
  - CUI Policy
  - CUI EO 13556
  - 32 CFR Part 2002
  - CUI Glossary
  - CUI Reports
  - CUI Resources
  - FAQ
- Training

DoD CUI References



NARA CUI References

Training Resources

CAICO CMMC CERTIFIED PROFESSIONAL CCP

CAICO CMMC CERTIFIED ASSESSOR CCA

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System Security Plan

Playbook | Template | Portal

SSP.ai System Security Plan | ecfirst

- The SSP describes how the controls and solutions meet the security requirements
- The SSP explains how your organization handles sensitive information and defines how that data is stored, transmitted, and protected
- The SSP criteria guide network and resource configuration to align with company goals
- To keep the SSP current, implement a policy for annual review and updates

SSP Playbook

Quick Links

- Introduction
- SSP Components
  - System Identification
  - System Environment
  - System Requirements
- SSP Scope
- Examining SSP Requirements
  - Sample SSP
- NIST SP 800-171 SSP
  - How to Implement and Document
  - Components of an SSP
  - Benefits of SSP
- SSP Templates
- SSP References
- Training

SSP Templates

SSP.ai

Subscription

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CMMC CCP

Public | Virtual | On-Site

Summary

The CMMC Certified Professional (CCP) credential will verify a candidate's knowledge of the Cybersecurity Maturity Model Certification (CMMC), relevant supporting materials, and applicable legal and regulatory requirements to protect Federal Contract Information (FCI) and Controlled Unclassified Information (CUI). The CCP exam will assess the candidate's understanding of the CMMC ecosystem. A passing score on the exam is a prerequisite to CMMC Certified Assessor (CCA) and CMMC Certified Instructor certifications.

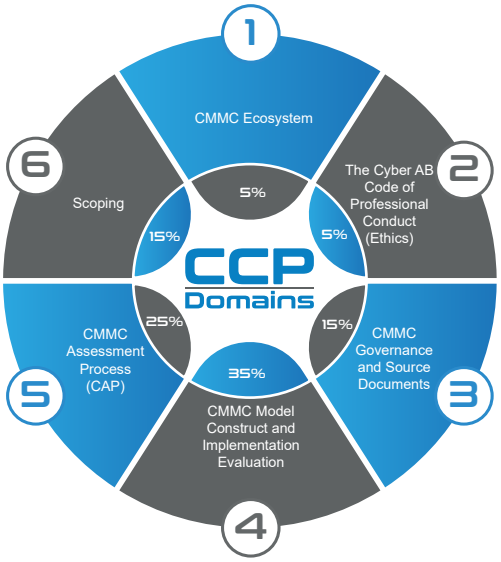
Why ecfirst for CCP Training?

- Our auditors are our trainers
- ecfirst is all in for CMMC (RPO, APP, ATP & C3PAO)
- ecfirst's Academy Portal gives students access to all training materials, resource documents, study guides, and quizzes to solidify learning in one location
- 25 years of privacy and security compliance training experience
- 24 years of compliance audit/assessment experience (HIPAA, PCI DSS, HITRUST, GDPR, NIST SP 800-171, multiple state regulations)
- One of the first organizations to take the training to market

Exam Prerequisites

- College degree in a cyber or information technical field or 2+ years of related experience or education, or 2+ years of equivalent experience (including military) in a cyber, information technology, or assessment field
- Suggested CompTIA A+ or equivalent knowledge/experience
- Complete CCP Class offered by a Approved Training Provider (ATP)
- Pass DoD CUI Awareness Training no earlier than three (3) months prior to the exam
  - https://securityhub.usalearning.gov/index.html

CMMC Certified Professional (CCP)



CCP Exam Specifications

- Number of Questions: 170
- Types of Questions: Multiple Choice
- Length: 3.5 Hours
- Passing Score: 500 Points
- This is not an open book exam

Domain Exam Weight

#	Domain	Exam Weight	CCP Program	Hours 36
1	CCP Pre Program Prep			Hours 2
2	CMMC Ecosystem Blueprint Domain 1	5%	Domain 1, 2 & 3 Tuesday, Day 1 8:30 am - 4:30 pm Offline Prep: 2 Hours	Hours 10
3	The Cyber AB Code of Professional Conduct (Ethics) Blueprint Domain 2	5%		
4	CMMC Governance and Source Documents Blueprint Domain 3	15%		
5	CMMC Model Construct and Implementation Evaluation Blueprint Domain 4	35%	Domain 4 Wednesday, Day 2 8:30 am - 4:30 pm Offline Prep: 2 Hours	Hours 10
6	CMMC Assessment Process (CAP) Blueprint Domain 5	25%	Domain 5 Thursday, Day 3 8:30 am - 4:30 pm Offline Prep: 2 Hours	Hours 10
7	Scoping Blueprint Domain 6	15%	Domain 6 & Review Friday, Day 4 8:30 am - 12:30 pm	Hours 4
8	Practice Exam & Review			

Intended Audience

- Employees of Organizations Seeking CMMC Certification (OSC)
  - IT and Cybersecurity Professionals
  - Regulatory Compliance Officers
  - Legal and Contract Compliance Professionals
  - Management Professionals
- Cybersecurity and Technology Consultants
- Federal Employees
- CMMC Assessment Team Members

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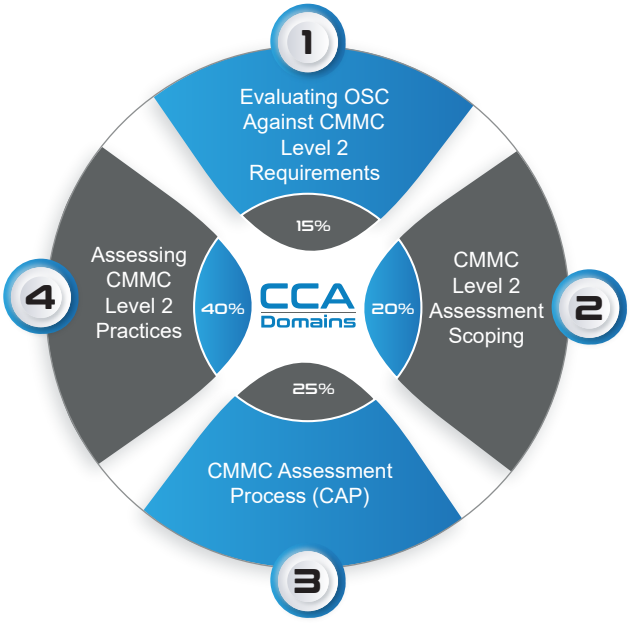
CMMC CCA

Public | Virtual | On-Site

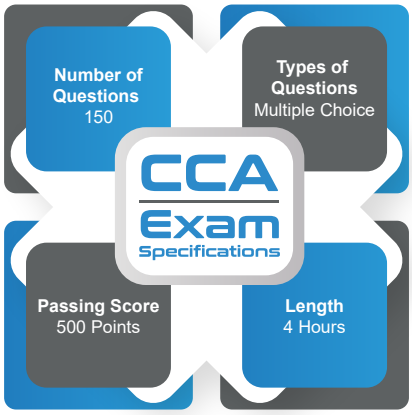
Summary

The CMMC Certified Assessor (CCA) exam will verify a candidate's readiness to perform as an effective Certified Assessor of Organizations Seeking Certification (OSC) at CMMC Level 2. A passing score on the CCA exam is a prerequisite to a CMMC Lead Assessor designation.

CMMC Certified Assessor (CCA)



CCA Exam Specifications



This is not an open book exam

Domain Exam Weight

#	Domain	Exam Weight	CCA Program	Hours 36
1	CCA Pre Program Prep			Hours 2
2	Welcome Introductions, About the Portal and Pre-Quiz Introduction Evaluating OSC Against CMMC Level 2 Requirements Blueprint Domain 1	15%	**Domain 0, 1, 2** Tuesday, Day 1 8:30 am - 4:30 pm Group Exercises: 8 | 40 Minutes Offline Prep: 2 Hours	Hours 10
3	CMMC Level 2 Assessment Scoping Blueprint Domain 2	20%		
4	CMMC Assessment Process (CAP) Blueprint Domain 3	25%	**Domain 3** Wednesday, Day 2 8:30 am - 4:30 pm Group Exercises: 7 | 35 Minutes Offline Prep: 2 Hours	Hours 10
5	Assessing CMMC Level 2 Practices Blueprint Domain 4	40%	**Domain 4** Thursday, Day 3 8:30 am - 4:30 pm Group Exercises: 10 | 60 Minutes Offline Prep: 2 Hours	Hours 10
6	Practice Exam & Review		**Review and Final Quiz** Friday, Day 4 8:30 am - 12:30 pm	Hours 4

Intended Audience

- CMMC Certified Professional (CCP) seeking to advance to CCA
- CMMC Certified Instructors who wish to teach the CCA course

Why ecfirst for CCA Training?

- Our auditors are our trainers!
- ecfirst is all in for CMMC (RPO, APP, ATP & C3PAO).
- ecfirst's Academy Portal gives students access to all training materials, resource documents, study guides, and quizzes to solidify learning in one location
- 25 years of privacy and security compliance training experience
- 25 years of compliance audit/assessment experience (HIPAA, PCI DSS, HITRUST, GDPR, NIST SP 800-171, multiple state regulations)
- One of the first organizations to take the training to market

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CMMC
For Executives
Online | Self-Paced

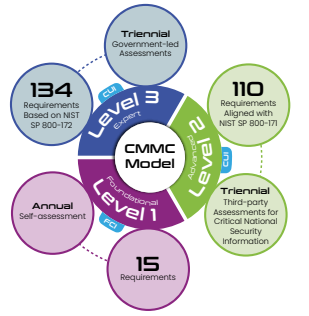
ecfirst

An Executive CMMC Program | CEU 8 Hours

CMMC Academy
Cybersecurity Maturity Model Certification

Welcome Home Dashboard Logout

CMMC Playbook



CMMC For Executives

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CMMC Consulting References

ecfirst

MX2 TECHNOLOGY
Executive IT Leadership

"The MX2 mantra that we are on the runway to client CMMC success has been rocket fueled with the devotion of the ecfirst CMMC Team. Married with their surgical methodology, their CMMC Unreadiness + their SSP Secret SaiCE references, and their commitment to the CMMC ecosystem, has resulted in deep value to MX2.

When MX2 set out on the path to achieve CMMC Level 2 certification, it was very important to our leadership team to select the right C3PAO to partner with.

Five key reasons why MX2 Technology chose ecfirst as our C3PAO partner. Trust, Methodology, Client Commitment, Humility in Execution & Leadership."

solvit

"Despite it being our first audit, the ecfirst Team was devoted throughout the assessment. Their expertise across the Body of Evidence for 110 requirements and 320 objectives was invaluable. We successfully navigated the audit and learned a great deal—looking forward to working with ecfirst again."

CYFLARE
The threat stops here.

"This was a 16-month journey of preparation, assessments, and teamwork - **I couldn't be prouder of what this means for our company and our customers.**

ecfirst - our official C3PAO - made the process **enjoyable and painless.**

Thank you, Team ecfirst!"

HEARTLAND BUSINESS SYSTEMS

"The CMMC training was comprehensive, engaging, and backed by invaluable resources and real-world expertise. Impressed by their quality and dedication, I hired ecfirst for consulting, which has significantly strengthened our RPO services. Partnering with ecfirst was one of our best decisions, and I highly recommend them for CMMC training, consulting, and C3PAO certification support."

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CCP Client References

> I am happy to let you know **I passed** the CMMC **CCP exam** on my **first attempt.** The CCP prep process was **easier** than I expected - thanks to the **fantastic training class** and **study materials** from the **ecfirst CCP Academy!** I appreciated **my ecfirst** experience.

Gladly recommend

Excellent flow of the training

Really enjoyed doing quizzes as a group

Thorough and extensive information

Increased my CMMC knowledge exponentially

References

CCP course synthesized the universe of CMMC

A different perspective to the CMMC process

Easy to navigate the CCP Academy Portal

Amazing infographics and content

Tremendous class

> Fantastic course. I appreciated the real-world examples and scenarios.

> Clear, concise, and professional.

> Focused materials and explanations were extremely helpful.

> Great training and resources provided. The portal and quizzes are invaluable for exam prep.

> Excellent instructor—knowledgeable, approachable, and great at explaining complex material.

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CCA Client References

> The **ecfirst CCA Program** was extensive with excellent assessment resources.
>
> **Practical, real-world CMMC assessment** Scenarios presented, including insight on a credible SSP.

Exceptional dual instructors
Depth of knowledge
Liked the group exercises
Rich material in the CCA Academy Portal
In-depth coverage of CMMC scenarios

References

Loved the CCA quizzes and resources
Thank you for the bulk download
Industry background was invaluable
Real artifacts was fantastic
Terrific course

> Very professional and exceptionally detailed. Empowered and excited.

> Real-world experiences in discussions was awesome.

> Focused materials and explanations were extremely helpful.

> Valuable, motivating, and well-taught. Worth every penny.

> Reality focused, not theoretical – the group scenarios brought everything together.

Peter.Harvey@ecfirst.com

www.ecfirst.com

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