



The HIPAA Academy offers the healthcare industry's most flexible range of Health Information Technology (IT are all based on) services. What's more is that the services flat rate pricing that get even more valued based on the duration of service provided. The Health IT service options available now are:

- On-Demand Consulting
- Managed Compliance Services Program (MCSP)

On-Demand Consulting, You Can Do It, We Can Help!

Starting with a commitment of 40-hours or more, you can secure IT professional resources with experience in the healthcare industry across a broad range of skill sets. So be with project management, security professionals, compliance professionals, system analysts, network engineers or more, talk to ecfirst about your requirements and how we can help with staffing or collaborating with you on your project initiatives under our management with your objectives.

We at ecfirst refer to this Health IT consulting model as – “*you can do it, we can help!*” ecfirst resources may be applied to work along with your personnel to help support, manage or implement IT solutions or capabilities. For example, ecfirst can support your activities with specialized resources such as:

- Project managers with experience as required
- Technical professionals with extensive technical, compliance or security expertise

The scope of work may be executed on-site, at your site, or offsite, as determined by your organization. Time-lines, reporting structure and frequency are mutually determined. A sampling of possible tasks and activities include:

- Develop and manage a Project Plan for IT project initiatives, such as Meaningful Use, or an EHR technology or application implementation.
- Perform Project Management duties and provide technical implementation assistance.
- Develop and manage policies to address proactive auditing.
- Deploy systems, applications or technologies.
- License assessment (software, application license audit).
- Develop a program, procedures, and logs to combine and filter audit logs, network activity review, and application security access reviews.
- Assist in developing Incident Management capabilities, policy, and technical procedures.
- Review solution options to encrypt sensitive information in email or portable devices.

Managed Compliance Services Program (MCSP), We Get It Done!

The Managed Compliance Services Program (MCSP) is the industry's most unique and flexible managed services program. With the MCSP you decide what combination of services you contract with ecfirst to manage, and you determine the duration – one year, two years, three years or five years. The duration of the contract determines the flat rate discount you secure for the length of the contract. And, to top it, payments are monthly for the duration of the contract, with absolutely no interest, and nothing due upfront!

So you decide what service components are to be delivered by ecfirst in what timeframe. *It's amazingly, simple!*

For example, are your internal resources stretched to capacity and you lack the necessary expertise to identify all compliance gaps and security vulnerabilities? Does your organization need to comply with regulations and standards such as the HITECH Act, State Regulations, HIPAA Privacy and HIPAA Security?

Regulations mandate organizations to maintain compliance with reasonable and appropriate safeguards in several specific areas. Compliance requirements drive critical activities that must be conducted on a regular schedule, typically annually. On a regular schedule, organizations must by law:

- Assess compliance with the HIPAA, HITECH or state regulations.
- Assign responsibility to the security officer who is responsible for coordinating compliance and security initiatives.
- Conduct a comprehensive and thorough risk analysis including technical vulnerability assessment (penetration testing).
- Complete a Business Impact Analysis (BIA) for contingency planning and disaster recovery.
- Develop and update security policies and procedures.
- Train all members of the workforce.
- Audit the information infrastructure for compliance with the HIPAA Security Rule.

Program Benefits

MCSP is designed to assist *healthcare organizations and business associates* manage compliance requirements, security and core components of the technology infrastructure. Key benefits of MCSP include:

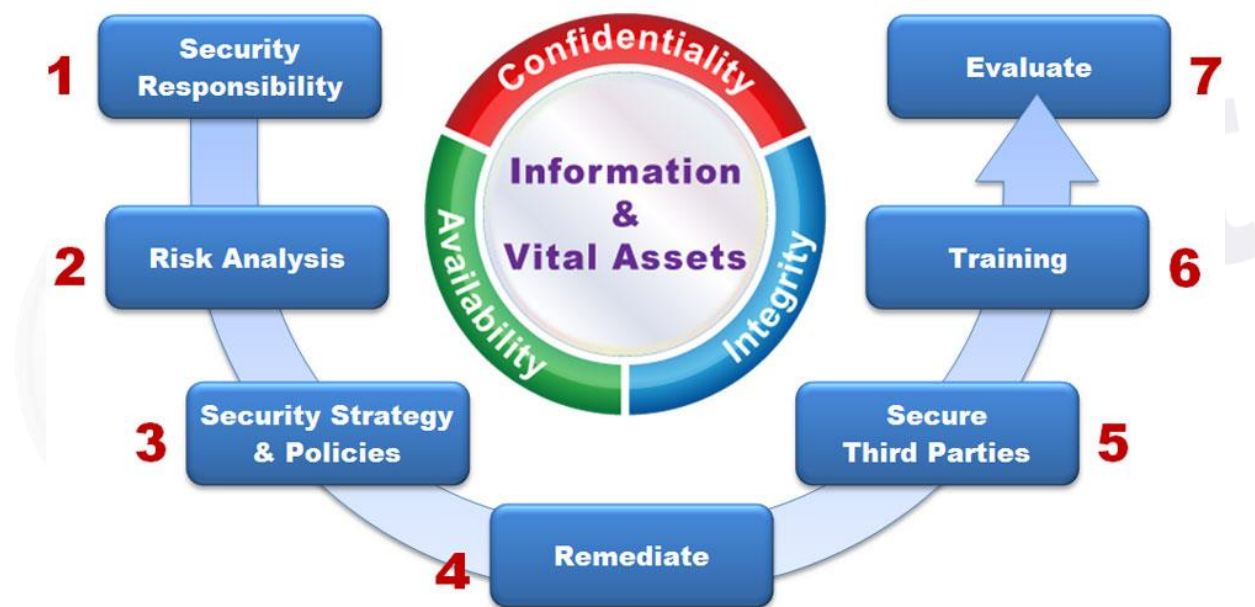
- Clearly defined deliverables to achieve compliance.
- Expert advisor assigned – serves as interim security advisor.
- Activities such as risk analysis, technical vulnerability assessment and business impact analysis conducted on a regular schedule.
- Policies maintained on a continual basis.
- Easily tailored to your organizational requirements.
- Very scalable program – can monitor and audit as required.
- Skilled resource pool with expert domain knowledge.
 - Enables your staff to focus on your business and we focus on compliance.
- Fixed monthly fee.
- No interest.

Further benefits of the MCSP include:

- A team of experts keeps you up to date on regulations.
- We free up cycles to enable your staff to better focus on business-critical tasks.
- Depth in resource capabilities with trusted knowledge of legislation and client infrastructure.
- Smooth out volatility in resource demands and costs associated with managing information technology.
- ecfirst helps to minimize productivity losses from unexpected downtime.

This chart summarizes key areas addressed by the ecfirst MCSP.

The Seven Steps to Enterprise Security™



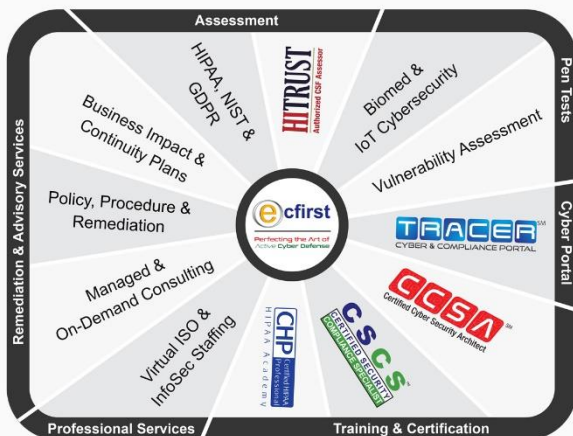
ecfirst's Managed Compliance Services Program (MCSP)

The MCSP is designed to address your compliance, security and other technology implementation, support and management challenges. This program enables your organization to both lower costs and save time. The MCSP is a highly flexible and scalable service.

The MCSP provides *a complete, end-to-end compliance service offering* that can be tailored to meet your specific requirements.



Perfecting the Art of Active Cyber Defense



VISION (Mantra)

Enabling establishment of an active cyber defense program and capability.



MISSION (Karma)

Implement an evidence-based compliance program integrated within an enterprise-wide active cyber defense system.



OUR PROMISE

- Unconditional Guarantee. No Questions!
- ecfirst will not consider an engagement complete unless client is 100% satisfied.

Client Reference

"I just wanted to take a moment and say thank you. Thank you and the **excellent team** at ecfirst for **hard work**, late hours and **diligence** during the first round of our HITRUST certification, and now working on our annual risk management and HIPAA compliance assessment."

"From HIPAA compliance, cybersecurity pen tests, to the HITRUST certification engagement, we have found ecfirst to be an **exceptional partner** that labored incredibly hard for us, with us. The ecfirst insight and diligence to ensuring HITRUST certification mandates are met led to us completing our engagement on budget and time. We look forward to deeper collaboration with ecfirst in the cybersecurity space in the future. I continue to recommend ecfirst highly and often!"



Chip Goodman | Vice President of Information Technology

"The ecfirst team literally helped us build our HIPAA practices from ground up since 2012, allowing us to offer secure HIPAA-compliant eHealth and health IT solutions to our customers across the U.S. We are actively taking the logical next step in working with ecfirst to pursue the HITRUST certification in order to further expand our market. We see the partnership with ecfirst as an **integral part** of our business strategy and have been **extremely satisfied** with the **quality and value** of the services that ecfirst has rendered."



DerShung Yang | Founder & President

"Provant Health partnered with ecfirst to build a plan and assist in executing it with the goal of achieving HITRUST certification. Ali Pabrai and his team were **flexible, collaborative** and most importantly patient as we worked to educate our management team and key employees on the meaning and value of HITRUST. I'd recommend ecfirst to any company who wants to understand HITRUST or work on assessing and remediating their processes and systems in preparation for certification."



Tom Basillere | Chief Information Officer



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Delivering Everything Compliance. Everything Security.

1000s of Clients | Clients in all 50 States | Clients on 5 Continents





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